



Registered TM Numbers:
2521524, 2521517

Head Office
Jumerah House #68
PO Box 2185 DXB
Dubai-UAE

Tel: (971) 4 2586868
Fax: (971) 4 2586655

Email:
osama@alshafar.ae
osamawbpf@wbpsf.org

Founding President
Osama Ahmed Alshafar
(UAE)

Vice-President for Africa
Boukar Tikire
(Cameroon)

Vice-President for Asia
Chang Bo Young
(South Korea)

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Dr. Margaret Kuo
(Chinese Taipei)

Legal Counsel
Loh Lin Kok
(Singapore)

WORLD BODYBUILDING & PHYSIQUE SPORTS FEDERATION

website: www.wbpsf.org

Prof. Dr. F.T. Delbeke
Chairperson of the Medical and
Anti-Doping Committee
c/o Universiteit Gent - UGent
Technologiepark 30
B-9052 ZWIJNAARDE, Belgium
Tel: 32-9-3313290 Fax: 32-9-3313299
Email: frans.delbeke@UGent.be

Rule book for Anti-Doping Control Testing at WBPF major events.

1. Defined Terms

- 1) **WBPF:** World Bodybuilding and Physique Sports Federation
- 2) **The WBPF Medical & Anti Doping Committee (MADC):** WBPF Medical and Anti-Doping Committee is appointed by WBPF to deal with all matters (health, information, ethical aspects, control, and result management) regarding the misuse of drugs in sports.
- 3) **Out-of-Competition (OOC):** All doping tests done 8 hrs before the competition are qualified as OOC.
- 4) **In-Competition-Testing (IC):** For the purpose of differentiating between in-competition and out-of-competition testing, unless provided otherwise in the rules of an International federation or other relevant Anti-Doping Organizations (ADOs), an In-Competition test is a test where an Athlete is selected for testing in connection with a specific Competition.
- 5) **Organizer:** The National Federation that organizes a National, Regional, Continental, International or World Championships competition.
- 6) **Doping Control Officer (DCO):** An official, who has been trained, certified and authorized by ADO with delegated responsibility for the on-site management of sample collection.

2. Responsibility of the Organizer

- 2.1 The organizer shall be responsible to set up the Doping Control Station at the premises of the official registration, weigh-in and height measurement of athletes and at the venue of the pre-judging and finals of the competition.
- 2.2 The organizer shall provide (purchase) the Berlinger kits, in such a number as stipulated by WBPF in collaboration with the Chairman of the MADC. The organizer shall be informed by WBPF, two months before the event about the number of kits to provide.



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- 2.3 The organizer shall appoint a doping control liaison officer to facilitate the communication between MADC and DCO.
- 2.4 The organizer is responsible for the strict application of the chain of custody for doping control samples (e.g. storage and transportation of the samples).
- 2.5 The organizer shall provide sufficient chaperons as requested by MADC or DCO.
- 2.6 The organizer will pay for the transportation and analysis costs of the samples collected at the event.
- 2.7 The organizer shall refrain from any intervention or obstruction regarding a simultaneous control by a NADA (National Anti-Doping Agency).

3. Responsibility of WBPF

- 3.1 WBPF shall provide the organizer with sufficient WBPF official doping control forms and chain of custody forms.
- 3.2 WBPF in consultation with the organizer shall appoint a DCO for Continental Championships and at least one member of the MADC for a World Championships.
- 3.3 If the host country has no accredited laboratory the MADC after consultation of the organizer will decide about the accredited doping control laboratory analyzing the samples.

4. Criteria for a Doping Control Station (DCS)

- 4.1 The Doping Control Station should provide privacy for competitors and security for the collection procedure. The entry door to the Doping Control Station must be secure.
- 4.2 The Doping Control Station should be situated close to the competition area, if possible.



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4.3 Access to the Doping Control Station is restricted to authorized personnel listed below:

- DCO
- Selected competitors
- Chaperons
- One accompanying official of the selected competitor(s)
- Members of the WBPF MADC
- Interpreter (if required)
- ADO observers

4.4 Required areas of the Doping Control Station

4.4.1 Waiting area

The waiting area of the Doping Control Station should be equipped with chairs and have sufficient space to accommodate the chaperons, 4 competitors and their accompanying officials. The waiting area should also have adequate supply of non-alcoholic, non-caffeinated and non-carbonated drinking water in sealed containers.

4.4.2 Administration area

This area should contain table and chairs. If separate rooms are not available for waiting and administration areas a single room can be separated by a partition or screen.

4.4.3 Sample collection area

At least one toilet is required in the sample collection area and if possible separate collection areas should be provided for male and female athletes being tested. Sufficient space is needed to accommodate the DCO and the competitor in this area, to ensure that the DCO can observe the provision of the sample.

Zwijnaarde, 20 July 2010

Prof. Dr. F. T. Delbeke

Chairman WBPF MADC