Many Dignitaries and Ministers attended the 50th Asian Bodybuilding Championships and Congress held in Thimpu, Kingdom of Bhutan this year. The opening ceremony of the continental championship was held on 4th September 2016 graced by Her Royal Highness, Princess Euphelma Choden Wangchuck. The closing ceremony was officiated by the Prime Minister of Bhutan the honourable Mr. Tshering Tobgay and the Farewell party dinner was attended by His Royal Highness Prince Jigyel Ugyen Wangchuck.

28 countries were present with over 340 competitors and 150 delegates and supporters from the various nations. The competition was held at the RIM (Royal Institute of Management and Multi-purpose Hall) with a seating capacity for 3000 people. 9 hotels were selected to house the delegates and athletes and the Liaison Officers called the Guardian of Peace did an excellent job in taking care of all participants.

Clearance at the Paro International airport with the Immigration and Customs was smooth and it was well organised.

A report in the daily newspaper KUENSEL covered the medal tally results of the championships. It is published herewith for your interest.

WBPF TV MEDIA from Romania led by their President Mr. Voicu Petru did a live streaming coverage via internet to over 100 countries viewed by thousands of enthusiasts. The first by WBPF TV in the Asian championships.

The 3 days competition was also covered live by BBS - Bhutan Broadcasting Service the national TV & Broadcaster in the Kingdom of Bhutan.
Princess Euphelma Choden Wangchuck at the opening ceremony of the 50th Asian Bodybuilding Championships held at the Royal Institute of Management and Multi-purpose Hall on 4th September 2016